## FREE WEBINARS FOR PARENT(S) / GUARDIAN(S)

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I am contacting you from Archways, a national organisation working in collaboration with local and national agencies. We research, develop, and promote evidence-based programmes for children, young people, parents, and the professionals that support them. In collaboration with Kildare Children and Young People's Services Committee (CYPSC), we are delighted to bring a number of funded training opportunities to schools and parents in Kildare, funded through our partnership with <u>basis.point</u>.

We are delighted to invite parents and guardians to attend a number of **FREE** live webinars, which will take place on Wednesday the  $28^{th}$  of February and Wednesday the  $6^{th}$  of March. We would be delighted if you can circulate it within your school network.

Each 90-minute webinar will take place twice on the day, for anyone interested in attending, they can register for the time that suits them best.

## Webinar 1 – Wednesday, 28<sup>th</sup> of February 2024: Supporting Social / Emotional Development and Problem Solving

This 90minute webinar will explore

- Child temperament
- Building children's self-esteem and self-concept
- Promoting children's emotional literacy
- Strengthening self-regulation skills
- Teaching children to problem solve

To book a place at the morning webinar taking place from **10.00 am to 11.30 am**, please click here.

To book a place at the afternoon webinar taking place from **1.00 pm – 2.30 pm,** please <u>click here.</u>

## Webinar 2 – Wednesday, 6th of March 2024: Promoting Positive Behaviour and Setting Effective Limits

This brief webinar aims to

- Increase parents' positive relationship and bonding with their children
- Increase parents' positive communication skills
- Improve parents' limit-setting skills by promoting positive strategies

To book a place at the morning webinar taking place from **11.00 am to 12.30 pm**, please click here.

To book a place at the evening webinar taking place from **7.00 pm – 8.30 pm,** please <u>click here.</u>

## Archways

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