



### Anne Marie's Room: Children in 1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup> Class

Dear Parents,

This week we are placing an emphasis on Active Learning and Sport, culminating in a virtual Sports Day on Friday. We are encouraging the children to get creative with ideas for their own Sports Day. We are sharing a sport themed Padlet which features three sections: Ideas for Sports Day, Cross Curricular Ideas and Sports Skills.

You can access the Padlet [here](#). Suggested activities from the Padlet are detailed below and children should be encouraged to explore and select content based on interest.

An updated choice board of additional activities that children can work on, alongside the themed work, is outlined below. If you have a question or wish to share your child's work, please send me a message on the Class Dojo.

We have two Zoom calls this week. Our class meeting is on Tuesday at 2pm and our active session with Clare is on Wednesday at 1.30pm. The links will be shared on Class Dojo.

Happy learning!

Anne Marie

#### Virtual Sports Day Planning \*School-wide Sports Day on Friday

We are encouraging children to participate in a Sports Day at home on Friday and to take time during the week to practise and plan!

Here are some ideas listed on the [Padlet](#)

1. Plan a short Yoga session.
2. Explore the "Sports Week Challenge Cards". Skills incorporated include a long kick, balancing and target throwing.
3. Explore the Healthy Kidz resources. Videos are included for all events including the sprint, long jump, high-jump and egg and spoon. Children can design a schedule incorporating these events and time themselves (incorporating Maths). The resources from Sligo Education Centre will supplement these events too!
4. Children could design an obstacle course to be completed.
5. Encourage children to draw out a table to plan and record each event.
6. The START activities and Spin the Wheel Challenge contain fantastic warm-up games.
7. Take some photos to share for our active themed Friday post.

#### Sports Skills

This week, we are encouraging children to take time to practise some skills and to try something new, where possible. The section on sports skills includes a wide range on initiatives that are ongoing. These include:

1. Sports Skills Bingo with thanks to Fingal County Council. Click on each box for a link to a video of a new skill or game including skipping on one leg, target practice, dribbling, hopping and keepy uppies.
2. FAI Homeskills Challenge.
3. Athletics Ireland Little Athletics sessions.



4. Cycle Right resources for parents. This is an excellent resource to support novice and more experienced cyclists.
5. PE at Home sessions.
6. Mini Rugby Skills Zone.

Take time to explore the activities. It would be a lovely idea to keep a record of the activities completed over the course of the week. Challenge yourself to try something new!

### Cross-Curricular Ideas

All links are available on the [Padlet](#)

#### 1. No Barriers at Home Challenge

Learn about football champions and European cities in a fun and interactive way!

The project celebrates football 'Champions' from each of the 12 host cities of the UEFA EURO 2020 tournament who have overcome barriers to achieve success on the football pitch including Stephanie Roche. Watch the videos and participate in the individual challenges!

Children can:

- **Watch the video** to learn about an inspirational footballer who has tackled barriers to keep playing, fun facts about cities in Europe, and what each session's #NoBarriersChallenge is.
- Read about them and where they're from on the **Champion Card** and **Host City Worksheet** - click the icons to see that Champion's page, then download them or scroll down to view them on the site.
- Fill in the activities or record them in a copy.
- Challenges include: writing a poem, writing a blog post, designing your own football shirt, designing a bridge and learning some sign language.

#### 2. Science: Exercise and Your Heart Challenge.

Learn about your heart rate and take your pulse! In this experiment you can, compare your heart rate before and after exercise and see your pulse!

3. Learn about the history of the Olympic Games.
4. Design a new GAA jersey.
5. Interview a famous sports person; what questions would you ask?
6. Try the Maths Challenge from NRICH.
7. Play some matching word games about sports and sports equipment.



Choice Board

<p>Continue on with Sounds in Focus or find a question that you haven't answered to revise.</p>	<p>Try a <a href="#">Daily 10 Challenge</a>.</p>	<p>Complete this Maths Trail at home (Part 1) (From Maths Week) <a href="#">here</a>.</p>	<p>Read about the Galapagos Islands <a href="#">here</a> and write a short summary (From CJ Fallon).</p>	<p>Choose an activity from our <a href="#">Active Padlet</a>.</p>
<p>Play a game of <a href="#">Sight Word Smash</a>.</p>	<p>Practise your touch typing on <a href="#">BBC Dance Mat</a>.</p>	<p>Read about sporting hero Katie Taylor and answer the questions <a href="#">here</a> (From CJ Fallon).</p>	<p>Try some shadow drawing with the Glucksman Gallery <a href="#">here</a>.</p>	<p>Play "Got It" on <a href="#">NRICH</a>.</p>
<p>Check out the <a href="#">Teagasc Science at Home Experiments</a> with a parent.</p>	<p>Revise Data <a href="#">here</a> (From CJ Fallon).</p>	<p>Practise your capital letters in your copy using this <a href="#">guide</a> to help (From CJ Fallon).</p>	<p>Read a story in Irish <a href="#">here</a>.</p>	<p>Try these <a href="#">number problems</a> (From CJ Fallon).</p>

**Weekly Learning Guide**  
15<sup>th</sup>-19<sup>th</sup> June, 2020



**Brannoxtown Community  
National School**